



# Prince George's County Health Services For Youth



## For Females

### Healthy Start Program | 301-883-7230

Case management services are provided to at-risk pregnant and parenting adolescents. Services include:

- Home visiting
- Counseling
- Parenting information
- Preconception health education
- Referrals to other health services
- Community outreach

### Healthy Teens Center | 301-324-5141

Services are offered to young women ages 10 to 24 at the Healthy Teens Center to prevent pregnancy and sexually transmitted diseases, including:

- Comprehensive reproductive health services including family planning, screening and treatment for sexually transmitted diseases, and emergency contraception
- Education and counseling services that promote healthy behaviors

### WIC (Women, Infants and Children) Program | 301-856-9600

WIC provides nutrition education, breastfeeding education and support, and supplemental foods to low-income pregnant breast feeding and postpartum women, and children ages birth to 5 years who are at nutritional risk.

## For Males

### Adam's House Health Center/Suitland | 301-817-1900

Adam's House, a health center for young men, offers comprehensive health and social services to male adolescents and young fathers. Services include:

- Male family planning and health education
- Parenting groups
- Career development skill-building, job preparation and placement
- Relationship counseling
- Healthy manhood counseling
- Child support counseling
- G.E.D. preparation
- Sports physicals

## For All Youth

### Adam's House Re-Entry Program/Suitland | 301-817-1900

In addition to the services offered by the Adam's House Health Center, the Adam's House Re-Entry Program offers male and female ex-offenders assistance in successfully transitioning back to the community. The goal is to help them meet the needs of their children, co-parent effectively, and develop healthy relationships in their home and community. Services include:

- Anger management
- Crisis intervention
- Domestic violence and substance abuse
- Legal assistance
- Family court services

### Dental Health Program | 301-583-5900

General dental services are provided to children ages birth to 18 years, including:

- Preventive and restorative dental services
- Referrals for appropriate specialty care
- Case management services to assist Maryland Healthy Smiles Dental Program enrollees in finding a dentist and making dental appointments.

### Epidemiology | STD 301-583-3150 | HIV 301-583-3700 | TB 301-583-3110

- STD (sexually transmitted disease) exams and HIV testing for all ages 13 and above (parental consent not required); referrals for adolescent HIV care
- Tuberculosis and Communicable Disease Control Program services for any age (parental consent required)

## For All Youth

### **Immunization Program | 301-583-3300**

- Immunizations against childhood diseases are provided free of charge through scheduled appointments to children ages 6 weeks to 20 years without health insurance.

### **Medical Assistance (MA) for Families, Pregnant Women, and Children and the Maryland Children's Health Program (MCHP) | 1-888-561-4049**

Medical Assistance for Families is a health insurance program for low-income families with dependent children and pregnant women. This program gives free and low cost health care to those who cannot obtain affordable health insurance. Covered services include:

- Inpatient hospital care, medical doctor office visits, lab tests, dental care, eye care, medicines and immunizations

For a low premium, families not eligible for the free MA program noted above may apply for insurance coverage for their children up to age 19.

### **Operation Safe Kids (OSK) | 301-324-4288**

This Governor's initiative, a collaborative effort of Juvenile Services and the Health Department, targets youth at risk of involvement in violence and seeks to broaden opportunities for meaningful engagement in school, vocational activity and athletics. Youth workers will provide outreach services to identified youth in their homes and in the community. Services include:

- Life skills counseling
- Anger management
- Mental health services
- Sports and recreational activities
- Family management support
- Intensive case management
- Substance abuse treatment
- Medical assessment and referrals
- School and vocational supports

### **School-Based Wellness Centers (SBWC) | 301-883-7887**

Comprehensive health and social services are offered in a student-friendly, readily accessible school health center in four of the county's public high schools:

Bladensburg High School, Fairmont Heights High School, Northwestern High School and Oxon Hill High School. The goal is to make students available for learning by promoting health, preventing disease, and reducing behavioral risks. The Wellness Centers provide care to youth currently enrolled in each school that minimizes the physical and emotional conditions that become barriers to optimal school performance. Student health services include:

- Physical examinations
- Mental health counseling
- Gynecological care
- Dental care
- Immunizations
- Lab testing
- Treatment of common illnesses
- On-site screening/treatment of sexually transmitted infections

### **Tobacco Control Program | 301-772-1192**

The Tobacco Program works with multiple private and public organizations such as private schools, local colleges and hospitals to provide:

- Community prevention and education services on the dangers of tobacco use
- Tobacco use cessation classes
- Enforcement of laws regarding the sale of tobacco to minors and indoor air quality

### **Youth and Community Services Program (YCSP) | 301-883-3514**

YCSP provides substance abuse assessment and treatment services to adolescent residents between 11 and 18 at multiple schools and clinic locations. Parental involvement in the program is strongly encouraged. Services include:

- Substance abuse assessments and referrals
- Urinalysis and breathalyzer testing
- Crisis counseling
- Individual, family and group counseling