

STEP FORWARD

EMPOWERING YOUNG PEOPLE, ADULTS,
AND FAMILIES TO LEAD HEALTHIER LIVES

301-856-9500



SUPPORT AND CRISIS LINES

Free, 24/7

Maryland Hotline – 800-422-0009 or 211

CRISIS TEXT LINE |

– Text MD to 741741

Crisis Response – 301-429-2185

ADVOCACY AND SUPPORT

Maryland Coalition of Families – 410-730-8267

Youth Peer Support

Parent Peer Support

Parent & Family Advocacy

National Alliance on Mental Illness – 301-429-0970

Parent & Family Support

Parent & Family Advocacy

Young Caregiver Support

On Our Own 301-699-8939

Self Advocacy and Peer Support (18+)

DIAGNOSIS, TREATMENT, AND THERAPY

Resources – 301-856-9500

www.pgchealthzone.org/treatment

List of Treatment Providers

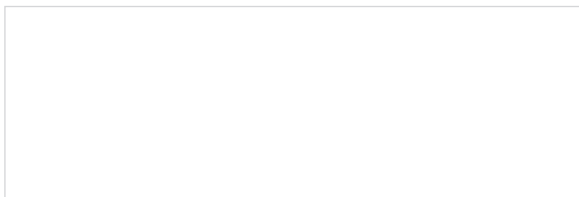
TREATMENT SETTINGS

Psychiatric Rehabilitation – 301-856-9500

Promoting Living and Social Skills for Adults and Children

Respite Care – 301-856-9500

Short-term Care for Children



HEALTH DEPARTMENT
Prince George's County