



## Employee Update – April 8, 2020

The Office of Human Resources Management (OHRM) will issue periodic updates to Prince George's County Government employees during the reduction in government operations and the Coronavirus Disease 2019 (COVID-19) pandemic. In each *Employee Update*, you'll find information and tips from OHRM, the latest COVID-19 information, and additional tips to support you.

### Keep Informed:

Employee Info from Human Resources	County Updates on COVID-19	Tweets from the County Executive	Tips and Info for Working Remotely
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### 3 Things You Should Know About: **COVID-19 and Masks for Non-Teleworking Employees**

**1**

#### **PGCG will provide masks to non-teleworking employees.**

Recent studies of COVID-19 have determined that *asymptomatic* individuals—those infected with the disease, but are **not** showing any symptoms—can transmit the virus. In light of this, the most recent recommendation of the Centers for Disease Control and Prevention (CDC) is that wearing cloth face coverings and masks, especially while in public (e.g., grocery stores and pharmacies), will help reduce the spread of the disease.

Based on this recommendation, surgical masks will be made available to non-teleworking employees who request one. It is important to note, cloth face coverings and masks are meant to protect the public from the person wearing the mask. Wearing cloth face coverings and masks will help prevent infected individuals from spreading the virus.

**2**

#### **Non-teleworking employees can get a mask from their agency.**

Prince George's County Government employees who are **not** teleworking, may request a mask from their Appointing Authority. Non-teleworking employees should email their request for a mask to their Appointing Authority.

### 3

## Masks protect the public from you, and not the other way around.

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The CDC advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus—and do not know it—from transmitting it to others. Wearing cloth face coverings and masks should be worn when going out in public to protect the people from the person wearing the mask.

For more information on the CDC recommendation to wear face cloth coverings and masks, visit [cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html).

Looking for a pleasant distraction today? Look no further. The following distractions were provided by the team behind your employee wellness program, [Level Up](#).

- **Listen:** *Stand by Me* performed by Tracy Chapman ([YouTube](#))
- **Watch:** Let's tour St. Lucia today ([YouTube](#))
- **Do:** Feeling creative. Why not take 3 ingredients and make dessert? ([YouTube](#))

*Recommend a daily distraction (e.g., activity, song or playlist, or anything to make your day a little better) and we'll give you credit and a wellness prize [Email us your daily distraction](#).*

**Your Daily  
Distraction**  
*from*  
**Level Up**

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