

FREE Flu Shots – Wed., Oct. 19 & Tues., Oct. 25

[Have you signed up for your flu shot yet?](#) Flu season is here! Getting a flu vaccine will not only help protect yourself, but by getting the flu shot, you'll also help protect those around you.



OHRM

Office of Human Resources Management
Employee Benefits

Open Enrollment starts on Mon., October 17



It's almost time for you to **Discover Your Benefits!** Open Enrollment will be held October 17 through October 31, 2022. This your opportunity to review your current benefits and make changes for 2023.

Save the Date for Upcoming Open Enrollment Events

- **Virtual Kick-Off Event** – OHRM will host a virtual Open Enrollment kick-off event this year on Monday, October 17, 2022. [Register today!](#)
- **Benefits Fair** – Join OHRM and the County's benefit vendors for one of our in-person benefits fairs. This is your opportunity to meet with vendors and ask questions regarding your health benefit plan options.
- **More Events** – For a complete list of events during Open Enrollment, visit www.princegeorgescountymd.gov/OE.

Event	Date	Time	Location
Virtual Kick-off Event	Mon., Oct. 17	10 a.m. to 11 a.m.	Register online
Benefit Fair (OHRM)	Wed., Oct. 19	10 a.m. to 6 p.m.	1400 McCormick Dr., Lobby
Enrollment Assistance Session	Thu., Oct. 20	8 a.m. to 10 a.m.	8400 D'Arcy Road
Benefit Fair (OHRM)	Tue., Oct. 25	10 a.m. to 6 p.m.	1400 McCormick Dr., Lobby
Enrollment Assistance Session	Wed., Oct. 26	12 p.m. to 7 p.m.	100 Shady Glen Drive, Fitness Center

What's New?

- **NEW! Reduced Rates for Mental Health Visits (Cigna)** – Cigna health insurance plans will now have reduced copays for mental health visits. Currently, plan participants pay \$20, which will be reduced to \$10 beginning January 1, 2023.
- **NEW! Vision Service Plan (EveryEye)** – This new program is for employees who aren't enrolled in the traditional VSP plan and provides discounts on services and products. If you don't need or wear glasses now but may need an eye exam in the upcoming year—all you need to do is visit a VSP provider and they will look you up in their system and you will have access to the discounts. Note: This plan was designed for individuals without existing vision health coverage; the discounts on services and products are greater in the traditional VSP vision plan.
- **NEW! No Cost Medications (Express Scripts)** – Beginning January 1, 2023, there will be no co-pays for five classes of generic medication: diabetes; cholesterol; high blood pressure; anxiety; and depression.
- **NEW! First Responder Peer Support Program** – The First Responder Peer Support Program is designed to improve mental well-being for police, 911 operators, and emergency medical service providers. The program is delivered by Aetna's subcontractor, Responder Health, and will provide eligible employees with direct access to trusted peers who know and understand what they are going through and can help direct them on their path to better health.

Reminders

- **Medical Opt-out and Prescription Opt-Out Credits**
Enroll in the Medical Opt-Out and/or Prescription Opt-Out Credit each year by selecting the opt-out option(s) at <https://portal.sap.mypgc.us> and completing the attestation in Employee Self-Service. If you do not waive your coverage for the 2023 plan year, the opt-out credit(s) will terminate at the end of the current plan year.
- **Flexible Savings Account (FSA)**
Every plan year you must designate the amount to be set aside in your FSAs. Reminder, you can rollover up to \$570 in unused funds from the previous calendar year to the new year. Any amount over \$570 will be lost if you have not used by December 31, 2022. There will be no grace period.
- **Dependents**
Any new dependents or dependents dropped during the Dependent Verification Audit that need to be reinstated will need to provide the [required documentation](#) to verify eligibility. Required documents not submitted in time will result in the loss of coverage for your dependents and no coverage for the new plan year.

Questions

- **iBenefit | Call or Schedule a One-on-One Meeting**
iBenefit is available during Open Enrollment, Monday through Friday, 8 a.m. to 7 p.m. to answer your questions. Contact iBenefit for questions about Open Enrollment and general benefits information by calling **301-298-8140** or [schedule a one-on-one meeting](#).

- **Open Enrollment Website** | www.princegeorgescountymd.gov/OE

Visit the Open Enrollment website for resources and additional information, including the enrollment guide, checklist, schedule of events, and more.

Office of Human Resources Management

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