



# Prince George's County Fire/EMS Department

## Fire Service Abilities Assessment

### Introduction



Welcome, candidates! You are about to participate in the Prince George's County Fire/Emergency Medical Services (EMS) Department **Fire Service Abilities Assessment (FSAA)**.

This assessment is designed to evaluate your physical capabilities and readiness for the demands of the role of Firefighter I.

Before you step onto the FSAA course, here are a few details you need to know:

1. **Duration:** You will have 7 minutes to complete the assessment. This time frame is crucial, so please manage it wisely as you demonstrate your skills on the course.
2. **Equipment:** For the duration of the FSAA, you will be required to wear a helmet, gloves, and a 50 lb. vest. This gear will be supplied to you by an assessment proctor. No alternative gear will be permitted.
3. **Clothing/Jewelry:** You will be required to wear long pants, a shirt with sleeves, and close toe shoes or boots. All jewelry located on your extremities (fingers, arms, legs) and above chest will need to be removed (piercings included).
4. **Focus and Safety:** Your safety is our top priority. Please ensure that your helmet is securely fastened and that you're comfortable in your gear before you begin. Remember to stay focused, move efficiently and maintain a positive attitude throughout the assessment.

**Good Luck!**

The following pages will inform you on the course events along with warnings and critical fails. Please take your time to carefully read through all the information to ensure your success.